

## **Revolutionary Martial Arts**

Building "Life Warriors"

## TO-DO LIST Ages 3-6

Parents: Please use this To-Do List to monitor your child's outstanding accomplishments at home and at his academic school. Being responsible for specific tasks and completing them, satisfactorily, is an important element of you child's martial arts training, and will help him develop Black Belt excellence in all of his life's roles. Make sure your child completes this list and submits it to his instructor during each week's first class, as it is a belt requirement.

CHORE AND TASKS	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Clean room.							
Make my bed.							
Put toys where they belong.							
Put dirty clothes in laundry.							
Brush teeth and hair.							
Bathe.							
Eat to win. Try something new.							
Quick Time (QT)							
Eye Contact (EC)							

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